

BLS Recertification Requirements

Virginia Office of EMS
Division of Educational Development
1041 Technology Park Drive
Glen Allen, VA 23059

804-888-9120

Area #	National Continued Competency Requirements (NCCR)	Hours Required	
		EMR	EMT
11	Airway, Oxygenation and Ventilation	2.0	4.0
12	Cardiovascular	2.0	6.0
13	Trauma	1.0	2.0
14	Medical	3.0	6.0
15	Operations		2.0
TOTAL NCCR HOURS		8	20
Local Continued Competency Requirements (LCCR) Individual Continued Competency Requirements (ICCR)			
LCCR/ICCR HOURS		8	20
TOTAL HOURS		16	40

Links to EMS resources to assist EMS Educators in planning Continuing Education programs:

National EMS Education Standards:

<http://ems.gov/pdf/811077a.pdf>

Use of the National EMS Education Standards will assist in the planning of the NCCR/LCCR/ICCR continuing education program.

National Registry Training Officer Guide:

<https://www.nremt.org/nremt/downloads/2015NCCPTOGuide.pdf>

National Registry EMT Education Guidelines:

<https://www.nremt.org/nremt/downloads/NCCREMTEducationGuidelines.pdf>

Use of the National Registry Training Office Guide and EMT Education Guidelines should be utilized when planning the NCCR portion of your continuing education program. Any hours offered that exceed the minimum hours required will roll to the LCCR/ICCR requirements.